INAUGURAL PODIATRIC SPORTS MEDICINE CONFERENCE
INSPIRING CLINICAL EXCELLENCE
LONDON DISTRICT BRANCH

DATE: 8TH JUNE 2012
VENUE: PARK CRESCENT CONFERENCE CENTRE, 229 GREAT PORTLAND STREET,
CENTRAL LONDON, W1W 5PN. http://www.pccc.co.uk

08.15 REGISTRATION
09.25 WELCOME Ms Maire Murphy
09.20 OPENING KEYNOTE LECTURE – Marie Doke

FOREFOOT & MIDFOOT – CHAIR: Mr Trevor Prior
09.40 Anatomy of the foot & ankle. Mr Jason Hargraves
09.55 Plantar plate tears. Prof Mark Tagoe
10.10 Stress fracture of the metatarsal in professional football. Dr Bryan English TBC
10.25 Midfoot arthrosis and stress fracture of the navicular. Dr Zaf Iqbal
10.40 Why I like stripping! Prof Nicola Maffulli
10.55 QUESTIONS & DISCUSSION

11.10 REFRESHMENTS & COMMERCIAL EXHIBITION

HINDFOOT & ANKLE – CHAIR: Prof Mark Tagoe
11.40 Hypermobility Syndrome – does this impact foot function? Dr Roger Wolman
11.55 Tibialis Posterior tendinopathy and dysfunction. Prof Mark Tagoe
12.15 Cuboid compression syndrome. Mr Trevor Prior
12.30 Crisp Padhiar Syndrome. Dr Tom Crisp TBC
13.00 QUESTIONS & DISCUSSION

13.15 REFRESHMENTS & COMMERCIAL EXHIBITION

ACHILLES TENDON – CHAIR: Mr Jason Hargrave
14.10 Anatomy and pathophysiology and High Volume injection of Achilles Tendinopathy. Dr Tom Crisp
14.25 Eccentric Exercise programme for Achilles Tendinopathy. Mr Jav Mughal
14.40 Chronic Exertional Compartment Syndrome of the foot. Dr Nat Padhiar
14.55 Chronic Exertional Compartment Syndrome of the leg. Dr Nat Padhiar
15.10 Rehabilitation following pre and post conservative & surgical management. Mr Jav Mughal
15.25 QUESTIONS & DISCUSSION

15.35 REFRESHMENTS & COMMERCIAL EXHIBITION

IMAGING AND IMAGE GUIDED INTERVENTION IN SPORTS & SHORT PAPER PRESENTATIONS
CHAIR: Dr Nat Padhiar
16.00 Subtle injuries on plain films in Podiatric Sports Medicine. Dr Otto Chan
16.15 Imaging EILP in Sport. Dr M Ahmad
16.30 Image guided interventions in sport. Dr R Jalan
16.45 Short paper
16.55 Short paper
17.05 Short paper
17.15 QUESTIONS & DISCUSSION

17.25 CLOSING KEY NOTE LECTURE – Podiatric Sports Medicine – A view from the neighbour’s fence.
Dr Laurence Gant

17.50 CLOSING REMARKS – Mr Steve Childs
17.55 CHEESE & WINE